



Pullman Senior Citizens Association

325 SE Paradise Street, Pullman, WA 99163

509-338-3307

Important
Message

2019 Holiday Bazaar November 13th & 14th

Our annual holiday bazaar will be here soon. We will again feature our BBQ beef sandwiches with pie. We will also offer crafts, baked goods and books.

Hopefully you are thinking about things to make for the sale. **We will NOT be offering yard sale items this year.** We will continue with raffle baskets and knife sharpening. Sign up sheets for helping during the fund raiser will be out soon.

This is one of our major fund raisers for the senior center and your contributions are important to make this another successful event.



Vicki Ruddick
Holiday Bazaar Chairperson

Free! Movie & Lunch October 3rd ~ 11:30 am

The Book Club

The lives of four lifelong friends are turned upside down after reading the infamous "50 Shades of Grey", catapulting them into a series of outrageous life choices. PG13

Parks & Recreation is licensed to show free movies. Movies are projected on the screen in the senior dining room. Bring your lunch or snack to each movie. Movies are subject to change.



Nominations

It is the time of year for Nominations for Pullman Senior Citizen Associations Board Members and Officers. The following positions are in need of Nominations of members and if you are interested in positions please contact a board member or officer.

- **2 Board Members**
- **Treasure**
- **Vice-President**

Ballots will be in November & December newsletter.

Monthly Meetings



Oct 8th ~ PSCA Potluck & Business Meeting ~ 12:15 Potluck; 1:00 pm Business Meeting (Dining Area)

Oct 10th ~ Red Hats ~ 10:30am (Dining Area)

Oct 17th ~ PCOA Mtg/Chore Mtg ~ 3:30 pm (Dining Area)

Oct 22nd ~ WSU Retirees ~ 1:30pm (Dining Area)



September Birthdays

Birthday Party "Win Free Day Trip"

Friday, October 4th

Special Thanks to :
Regency Pullman
for sponsoring the drawing
Day trip & other prizes.



September 2019 birthdays
photo by Monica LeCaire



Marie Cox Oct 04
Marvel Kimball Oct 06
Betty Millham Oct 07
Peggy Flaherty Oct 08
David Nordquist Oct 08
Margaret Russell Oct 12
Hemlata Vasavada Oct 14
Edith Curtis Oct 15
Carol Whitman Oct 15
James Adams Oct 19

October Flower: Marigold
October Birthstone: Opal



Terry Buffington Oct 19
Nadine Schneider Oct 20
Ruth Cox Oct 21
Debbie Fallon-Spooner Oct 21
Miriam Rehwaltd Oct 22
Marlene Stephens Oct 22
Thursa Herrett Oct 23
Phyllis Baladez Oct 26
Helen Peru Oct 30
Rex Davis Oct 31

Medicare plans need an annual review as they change in cost and coverage every year. Join SHIBA volunteers Joyce & Daniel Leonard for **free and impartial information** tailored to meet the needs of current and future Medicare recipients. **Drop in anytime during the scheduled hours for assistance.**

*Wednesday:
October 16th ~ December 4th*



Be safe and save some money!
For those 50yrs. & older, you can take this refresher course at the Senior Center and learn how to improve your driving skills. Contact instructor, Dennis Griner to register for class at 509-878-1420. Cost: \$15 AARP members/\$20 non-members. Sign up NOW!

Maximum 25 participants.

A simple line drawing of a ghost with two large, dark, oval eyes. The ghost is holding a shopping bag with both hands. The bag is rectangular with a pointed bottom and a small handle at the top. The ghost's body is a simple, rounded shape with a small tuft of hair at the bottom. The entire illustration is in black and white.

Bring your favorite Halloween themed dish to share with others and dress to scare or come to see who dresses to scare.

We will have some games, and prizes, conversation, and maybe a movie.

Sign up early to attend and watch for
the potluck sign-up sheets.
Contact Monica ~ (509) 338-3307



Tuesday, October 29th
10 am to 12 pm

A series of presentations from different sections of the Cannabis industry. Monica has developed this series to educate and inform you about this growing Pacific Northwest industry. Presentations will include the possible benefits, opportunities, and regulations of an industry which has been around for years.

The City of Pullman and Pullman Senior Center does not endorse or recommend the use of Cannabis. These are purely an educational series.

October Trips & Activities

Bunco

A fun way to keep in contact with friends and make new ones. Come, have a great time and see what the rave is all about. Monthly Bunco games will be held on the 1st Wednesday of each month. If you have not played Bunco, now is the time to learn and have great fun.

October 2 W 10:00am-12:00pm Free

University of Idaho Performing Arts Productions

Venture to the University of Idaho to catch local talent. We will have lunch prior to the afternoon performances. Attend different productions at different venues on the U of I Campus. Home pick-up to begin 1-hr prior to departure. Fee includes: admission, escort, and transportation. Meal cost not included.

October 5 **Drowning Ophelia** Sa 11:00am-6:00pm \$22/\$24 U of I, Pocket Theatre, Moscow, ID

Fall Harvest Festival at Greenbluff

A Pumpkin patch and apple cider will put you in the fall spirit, so join us on this annual trip to Spokane's Greenbluff. You can pick up your pumpkin donuts and apple cider at Beck's Harvest House, as well as a pumpkin for your front porch. We will also visit several other farms, with large gift shops. Home pick-up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal cost is not included. Register by: October 1

October 9 W 9:00am-5:00pm \$15/\$17 Spokane, WA

WSU Volleyball Matches

Let's cheer on the Lady Cougs in WSU Bohler Gym, to a great season in the Pac12. Display your true WSU spirit along with the Kitchen Band in Bohler Gym as we sing the WSU fight song. Two nights have been set aside with special seats for us. We will go to dinner prior to match. Home pick-up to begin 1-hr prior to departure. Fee includes: admission, escort, and transportation. Meals and beverages not included.

October 11 F 3:30-10:00pm \$10/\$12 Oregon WSU, Bohler Gym, Pullman

October 18 F 3:30-10:00pm \$10/\$12 Arizona WSU, Bohler Gym, Pullman

New! Schweitzer Engineering Lab Tour & Lunch

Join us for a tour of one of Pullman's major employers. A member of the corporate communication team at Schweitzer Engineering Lab will take us on an informative walking tour (about six blocks) of the facility, which will include a history of how it became one of the area's fastest growing companies. Upon completion of the tour, we will go to a local restaurant for lunch. Home pick-up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal cost not included. Registration required.

October 15 Tu 8:30am-1:30pm \$5/\$7 Pullman Senior Center

Coloring Club

Coloring is not just for kids. Adult coloring enhances a person's mood, reduces anxiety, and relieves stress. Some supplies will be on hand as well as some coloring pages. Bring a snack and drink.

October 17 Th 10:30am-12:00pm Free

New! Fall Harvest Festival at Wilson Banner Ranch

Attend a family-friendly event in the Clarkston area, at this local artisan fair which will highlight musicians and vendors willing to share their many talents; such things as jewelry, soaps and bath products, flower dolls, bird houses, alpaca fiber, totes, Rosie's Ribs BBQ, Lucy Tacos, fresh produce, caramel apples, cider, and pumpkin pie. Only a few of the vendors will accept credit/debit cards so bring cash or local check along with your personal ID. Please dress according to weather and wear close-toed shoes and long pants. Bring a recyclable bag for your pumpkins purchase. Home pick up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal, and extras not included. Register by: October 1

October 19 Sa 10:00am-5:00pm \$15/\$17 Clarkston, WA

Free! Council on Aging Meal Site Visits

Travel to other Palouse area COA meal sites for lunch and enjoy the activities. Monica and Sara have joined together to share the after meal excitement of the Pullman Senior Center with other meal sites. Home pick-up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal not included.

October 22 Tu 10:00am-3:00pm Free LaCrosse, WA

Historic Ghostly Tour of Downtown Lewiston

We had such a great conversation during our last tour with Mr. Garry Busch, so let's take it to the next level. Tour downtown Lewiston and hear the tales of how "Ragtown" grew to boomtown in the 50's, and venture to places that have not changed in 100 years. Who knows, we may even come across the "Lady in Blue" or experience some paranormal activity. Lewiston has a rich history, so come, listen, and enjoy the tour. Dinner at a Lewiston eatery prior to the tour. Home pick-up to begin 1-hr prior to departure. Fee includes: tour, escort, and transportation. Meal cost not included.

October 23 W 3:30-10:00pm \$32/\$34 Lewiston, ID

To register for activities you can call the Senior Center ~ (509) 338-3307 or Pullman Park and Recreation at (509) 338-3227; you can register on line at www.pullmanparksandrec.com or in person at the Senior Center or Pullman Park and Recreation office.



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Thursday Evening Crafting

Each evening participant will engage in a different crafting activity. We will travel to Colfax and Moscow to craft at a local business, for two of the dates, the other two times will be in Pullman and instructed by a local artist. The items you make are for you to take home, give as a gift, use for your holiday decorating, or even donate to the Holiday Bazaar. These classes are limited to 12, so register early. You will be paying for your own supplies at the class site, the craft projects cost from \$5-\$40, paid to instructor. Contact Monica at 509-338-3307 for supply list and cost. Home pick-up to begin 1-hr prior to departure.

Fee includes: transportation

October 24 Th 5:00-8:00pm Various **Holiday Cards & Gift Tags**



Holy Family Catholic Church: New! Bazaar & Turkey Dinner

Travel with us to Clarkston for Holy Family Catholic Church's annual bazaar and dinner. Enjoy the many crafts, drawings, and a homemade turkey dinner with all the trimmings. Home pick-up to begin 1-hr prior to departure. Fee includes: escort and transportation. Meal and bazaar items are not included.

October 27 Su 11:00am-4:00pm \$15/\$17 Clarkston, WA

Miss Saigon (Still able to register)

First Interstate Center of the Arts presents this musical from Broadway. Adapted from Puccini's operatic tragedy Madame Butterfly. It's a stunning love story, a gritty war drama, and an all-out cabaret piece wrapped up in one. This incredible 25th anniversary revival production is an enchanting and evocative theatrical experience, one you won't soon forget. Catch brunch at one of Spokane's fine restaurants and then attend the 2:00pm show. Home pick-up to begin 1-hr prior to departure. Fee includes: admission, escort, and transportation. Meal cost not included. Register by: September 16 No refunds after September 16, as tickets are pre-purchased.

October 26 Sa 9:00am-7:00pm \$198/\$200 Spokane, WA

PSC Breakfast Club

Thursday, Oct. 16 in Pullman

3 Fork's Bike & Brew

Home pick-ups begin at 7:30pm.
Leave City Hall at 8:30pm
The meal is on your own.
Transportation cost only \$5.00

Please sign up at Senior Center or call
(509) 338-3307 and asked to be put on
list.



TED Talk & Discussion Time Tues~October 22nd 10 am to Noon

Keep your mind fresh on topics and
have a conversation about what you
may have just watched. Join us for
viewing & discussion.

Guest Speaker

**Monday, October 7th
11:15 am**

Linda Hackbarth with the
Pullman Depot
Heritage Center

Speaking on the plans to
restore the Northern
Pacific depot and turn it
into a heritage center with
history of Pullman and the
area will be celebrated.

Jesus Christ Superstar & Holiday Shopping

**November 20th & 21st
Register by: October 19**

Catch the Broadway production of Jesus Christ Superstar, with dinner prior to the show. Monica has made this an extra special trip with shopping the next day at Spokane Riverfront Park Mall and the traditional stop at Trader Joe's on the south hill. This is all in time for some early holiday gift gathering. Home pick-up to begin 1-hr prior to departure. Fee includes: admission to performance, hotel, escort, and transportation. Meals and shopping are not included. No refunds after October 19, as tickets are pre-purchased.
Single Occupancy: \$332/\$334 Double Occupancy: \$230/\$232

PULLMAN SENIOR CENTER
325 S.E. Paradise Street
PULLMAN, WA 99163

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PULLMAN SENIOR CENTER INFORMATION

Senior Citizens Mission Statement

Our purpose is to promote the social, cultural, spiritual, economic, physical, and mental well-being of the citizens of the community with particular attention to the older age group.

Pullman Senior Citizens Association & Senior Center

For information about the Pullman Senior Citizens Association, the Senior Center, the newsletter, programs, trips or other senior services, please call (509) 338-3307.

Monica LeCaire, Senior Program Coordinator

Senior Coordinator Office 509-338-3307 (has voicemail)

Location & Mailing Address:

325 SE Paradise, City Hall, Pullman, WA 99163

Lunch Pick Up and Shopping

Call 509-332-1933 from 9:00-10:00am to sign up.

Senior Center Van Driver

Cell: 509-595-3879

Membership Dues

Membership dues are just \$15/single and \$25/couple annually.

SENIOR CITIZEN ASSOCIATION

Co-Presidents

Jolie Haug ('20)
Dave Ruddick ('20)

Co-Vice Presidents

Pat Hudak ('19)
Peter Haug ('20)

Treasurer

Millie Flood ('19)

Secretary

Jere' Strang

Board Members

Jodi Lee ('19)
Eileen Macoll ('19)
Carole Johnson ('20)
Sharon Sharp ('20)
Vicki Ruddick ('21)
Peggy Flaherty ('21)

Ex-Officio

Marlene Stephens ('20)